



Date	Time	Particulars		
10 Apr 2019 (Wednesday)	0900 – 1200	Team Arrival/ Free Practice		
	1400 – 1800	Team Arrival/ Free Practice		
11 Apr 2019 (Thursday)	0900 – 1100	Free Practice (No Medic)		
	0900 - 1100	Meetings (Organizer/Technical/Commissaire)	Championships	Velodrome
	1100 – 1300	Riders Confirmation/ Plate Distribution/ Licence Checks	Championships	Velodrome
	1430 - 1800	Free Practice (With Medic)		
	1500 - 1700	Riders Confirmation/ Plate Distribution/ Licence Check	Challenge/ Freestyle	Velodrome
	1715 - 1800	Team Manager's Meeting	Challenge/ Freestyle	Velodrome
	1800 - 1830	Track Close for Maintenance		
12 Apr 2019 (Friday)	0800 - 1600	Accreditation Office Open		
	0800 - 0930	Official Practice (WE & WJ)	Championships	Track
	0900 - 0930	Team Manager's Meeting	Championships	Velodrome
	0930 - 1130	Official Practice (ME & MJ)	Championships	Track
	1130 - 1230	Official Practice (Challenge)	Challenge	Track
	1230 – 1400	Track Close for Maintenance		
	1430 - 1600	Official Practice (WE & WJ)	Championships	Track
	1600 – 1800	Official Practice (ME & MJ)	Championships	Track
	1730 – 1830	Official Practice (Challenge)	Challenge	Track
1800	Track Close for Maintenance			
13 Apr 2019 (Saturday)	ASIAN BMX CHAMPIONSHIPS 2019 (UCI – CC)			
	0800 - 1600	Accreditation Office Open		
	0800 - 0830	Warm Up Session	Challenge	Track
	0830 - 0900	Warm Up Session	Championships	Track
	0915 – 1115	MOTO Round	ALL	Track
	1145 – 1215	¼ FINALS	ALL	Track
	1245 - 1315	½ FINALS	ALL	Track
	1400 – 1500	FINALS	ALL	Track
	1500 – 1600	Award Ceremony	ALL	Track
1830 - 1700	Track Close for Maintenance			



Date	Time	Particulars		
14 Apr 2019 (Sunday)	BMX FREESTYLE : FLATLAND			
	0900 – 1000	Onsite Registration & Practice		Plaza
	1000 – 1100	Preliminary Round		Plaza
	1200 – 1300	Final Round		Plaza
	1330	Award Ceremony		
	MALAYSIA BMX INTERNATIONAL 2019 (UCI – C1)			
	0800 - 1600	Accreditation Office Open		
	0800 - 0830	Warm Up Session	Challenge	Track
	0830 - 0900	Warm Up Session	Championships	Track
	0915 – 1115	MOTO Round	ALL	Track
	1145 – 1215	¼ FINALS	ALL	Track
	1245 - 1315	½ FINALS	ALL	Track
	1400 – 1500	FINALS	ALL	Track
	1500 – 1600	Award Ceremony	ALL	Track
1830 - 1700	Track Close for Maintenance			
15 Apr 2019 (Monday)		Team's Departure		

Revised: 13 March 2019